

A free, one-page guide for families thinking about home care for a loved one.

10 questions to ask before hiring a home care agency

- ☐ 1. Are you licensed in Florida, and what is your license number?
- ☐ 2. Who supervises the caregivers, and how often are they checked on?
- ☐ 3. Will we have the same caregiver each visit, or someone new?
- ☐ 4. How are caregivers screened, trained, and background-checked?
- ☐ 5. What happens if our caregiver is sick or cannot make a visit?
- ☐ 6. How do you handle emergencies, nights, and weekends?
- ☐ 7. How will our family be kept updated after each visit?
- ☐ 8. What is included in the care plan, and what is not?
- ☐ 9. How is pricing set, and what does a visit cost in our case?
- ☐ 10. What do we do if the care is not working out?

Documents to have ready

- ☐ A list of current medications and doctors, and any care instructions.
- ☐ Emergency contacts, and who to call first if something goes wrong.
- ☐ House keys, alarm codes, and any access instructions for the home.
- ☐ Insurance or coverage information, if care may be covered.

Signs a loved one may need help at home

- ☐ Missed meals, an empty fridge, or weight loss that was not planned.
- ☐ Missed medications, or confusion about when to take them.
- ☐ Falls, near-falls, or trouble getting around the house safely.
- ☐ Unopened mail, unpaid bills, or appointments being missed.
- ☐ A home that is harder to keep clean, or personal care slipping.
- ☐ Withdrawing from friends, church, or activities they used to enjoy.

Want help talking it through? Call (772) 284-7371

Subscribers also get a free 15-minute care guidance call — general guidance only, not medical advice, not a care assessment, and not a price quote.